



1000 DAYS

IN INDIA, WITH A VISION TO DESIGN A NEW IMAGE TO URBAN MAN'S FASHION WITH A DIFFERENTIATING STORE DESIGN; AN ATTEMPT TO BLEND ART WITH FASHION, WITH OVER 1340 STYLES BEING ROLLED OUT INTO 25 STORES AND 100 POINT OF SALES, ACCOUNTING TO MORE THAN 5 STYLES BEING DESIGNED EVERY SINGLE DAY, IN AN EXCITING JOURNEY OF 1000 DAYS OPENING MORE THAN 1 STORE EVERY 2 MONTHS, FEATURED AMONG 11 MALL PARTNERS, AN APPLAUSE TO OUR ACUTE TEAM, WHO MADE THIS A REALITY FOR ALL OF US; GROWING ACROSS MANY VARIOUS CATEGORIES, WHICH INCLUDE SHIRTS, TROUSERS, T-SHIRTS, SHORTS & DENIMS TO LEATHER JACKETS, SWEATERS, CARDIGANS, BLAZERS, ART & ACCESSORIES, WE HAVE REALLY ENJOYED DRESSING YOU RARE

Rose Robert







GET MORE THAN

WHAT YOU

PAID FOR



SHOP & DOWNLOAD LULU MALL APP



EARN REWARD POINTS



UPLOAD THE BILLS



DOWNLOAD THE FREE LULU MALL APP

REDEEM FOR GIFT VOUCHER



WELCOME BACK GOD'S OWN COUNTRY



Ashraf Ali M.A

Executive Director Lulu Group

Nishad M.A

Director Lulu Mall

Shibu Philips

Business Head Lulu Mall

Aiswarva Babu

Manager Marketing

For Advertisements Athira Nampiathiri

Tel. 04842727826

Lulu International Shopping Mall, 34/1000, N.H. 47, Edapally,

Kochi, Kerala- 682024



Editor Aruna R Krishnan

Contributing Writer

Riya Sonny Datson

Senior Manager Content & Web development Vasanth Pyarilal R

> Designer N. Sankaran



Ashraf Ali, M.A., Publisher

s Kerala faced the worst natural calamity in almost a century, it was amazing to see how the people of God's Own Country stood shoulder to shoulder to lend a helping hand to each other. Even before the armed forces arrived, relief camps sprang up at every nook and corner.

It was heartening to see how, for once, there was no bias anywhere in the name of religion, caste, creed or gender. Help came from across the country and the world - it was just humanity helping humanity in a time of crisis!

It will take a while for God's own country to bounce back but the march towards normalcy and progress has already begun and with the positive spirit and determination, it will only be a matter of time before we are back in action!



Contact LuLu Mall for any information: feedback@in.lulumea.com

Crocs



EQUAL PARTS SCIENCE and MAGIC

LiteRide™ foam footbeds are the newest innovation in the legendary world of Crocs comfort.



LULU MALL, SECOND FLOOR

Lulu CONTENTS



FEATURES

14
Lulu Star

She is hot 'n' sizzling and a thorough professional at work! Catch the exclusive chat with the bold, beautiful and inspiring Super Diva - Deepika Padukone!

Inside

New@Lulu
More brands come to Lulu
Mall to bring you more
happiness! Check out the new
entrants at your favourite mall

24 Trending in Lulu
From elegant watches to latest
gadgets to stylish tableware, find
out what's cool and trending!

Here is a roundup of some of the top beauty picks this season!

From gowns to sneakers, check out the season's best picks for her and him!

G Lulu Eating Out
If you are craving for some
Punjabi cuisine, look no
further! The Punjab Grill is
your destination! Hop on an
exciting culinary journey
with Actor Sreejith Vijay and
Shruthi Gupta!





S-34, Second floor, Lulu Mall | Ph: 0484-4054060



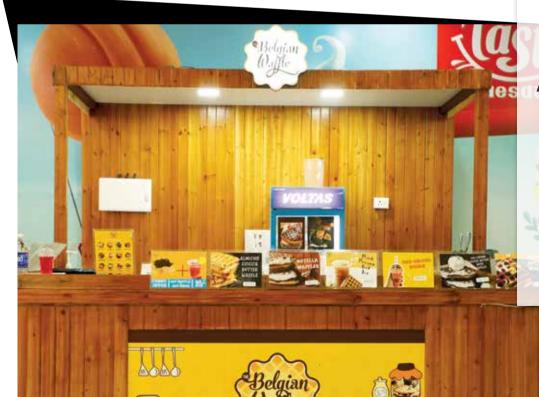


Blackberrys casuale

Second Floor, Lulu Mall

It has been over 25 years since the company started from its humble beginnings in the bylanes of Chandni Chowk, New Delhi. Ever since, Blackberrys has grown by leaps and bounds. From starting out as a garment manufacturer, the company has evolved from a wholesaler to a retailer, and it is today a leading fashion brand. Since the time of its inception, the brand has always served as a catalyst for success. The brand believes that its purpose is to craft apparel and products that cloak you in confidence and inspire you to keep winning.





Belgian Waffle

Third Floor, Lulu Mall

The Belgian Waffle Co. is one of the first Waffle Specialty stations in India that offers a unique, onthe-go waffle sandwich created fresh at their waffle stations with their specially formulated eggless batter and premium fillings. BWC prides itself in providing a continuously innovating yet consistent top-quality product with a warm and dependable brand identity.

8 LULU HAPPINESS SEP-NOV'18 9 LULU HAPPINESS SEP-NOV'18

NEW @ Lulu



Fone 4

Second Floor, Lulu Mall

Fone 4 is a digital hub with more than 50 stores in Kerala and Karnataka. Originated from the principle of giving customers the best in quality and service, FONE 4 was established by Mr Sayyed Hamid, an entrepreneur with astute business acumen and foresight. The Fone 4 chain offers the latest collection of smartphones, tablets, laptops and accessories at unbeatable prices.



Sangeetha Bag

First Floor, Lulu Mall

Sangeetha Jute bag products are truly natural, biodegradable and sustainable; they are the perfect substitutes for the harmful plastic bags. It's your perfect partner in 'Going Green.' The brand takes care of all the diverse needs of a customer, ranging from their fashion need and shopping needs to promotional needs.



IDENTITI



Available at:



For more details visit www.identiti.com

World of Happiness



Keventers

Third Floor, Lulu Mall

Keventers is India's iconic milk shake brand and country's very own first 'Made in India' brand. The company, started in the 1920s by Edward Keventer, a Danish dairy entrepreneur, became a famed diary manufacturer with units across India. By the 1940s, it was bought by Ram Krishna Dalmia and later, by 2015, it was revived by Agastya Dalmia, Aman Arora and Sohrab Sitaram. The trio have successfully revamped the brand and today, it has 250 + outlets across India.





Second Floor, Lulu Mall

Recognised for its exquisite food which is supposed to be fit for royals, Punjab Grill recreates these riches from the past with an elegant touch of the present. The outlet in Kochi offers various gastronomic charms of Punjabi cuisine along with a wide range of tempting seafood offerings. The menu also includes some of the most mouthwatering desserts to top-off the finest dining experience. The lavish interiors of the restaurant are tastefully designed keeping in mind comfort and the ability to create a holistic culinary experience that appeals to all senses.



Lulu STAR

In an industry as fiercely competitive as Bollywood, being top gun is no mean feat. However, Deepika Padukone has made the top spot her own and that too with so much ease and panache. Daughter of the famous Badminton player Prakash Padukone, she followed in her father's footsteps and took up the same sport, before turning her attention to modelling and movies. DP's career began with a Kannada movie before she shifted to Bollywood and there has been no looking back, since!

There are so many facets to this lovely lady and just the few that we have come across have left us all in awe. Her boldness, composure and down-to-earth attitude have been evident in many of her media interactions and also through her social media pages. Having herself suffered from depression, Deepika has formed The Live Love Laugh Foundation to help spread awareness on mental health. She has never shied away from voicing her opinions on social issues and has always believed in doing her part for the society. Recently, we got an opportunity to chat with this amazing star and got her to tell us what came to her mind, when we mentioned a few words. Read on for her responses...

On DP's mind...

RASAM SAADHAM:

Rasam & rice is life to me! I eat it everyday. Even today, I just had it for lunch. These are the first to be made at home, almost daily! Rasam always reminds me of home and is sort of a welcome-back-home dish!

SUPERSTAR RAJINIKANTH:

His childlike passion and enthusiasm have stayed with me, right from the time we worked together in Kochadaiyaan! He had just recovered from his ill health but the energy and enthusiasm he brought to the shooting spot was very special for me to see!

LOVE:

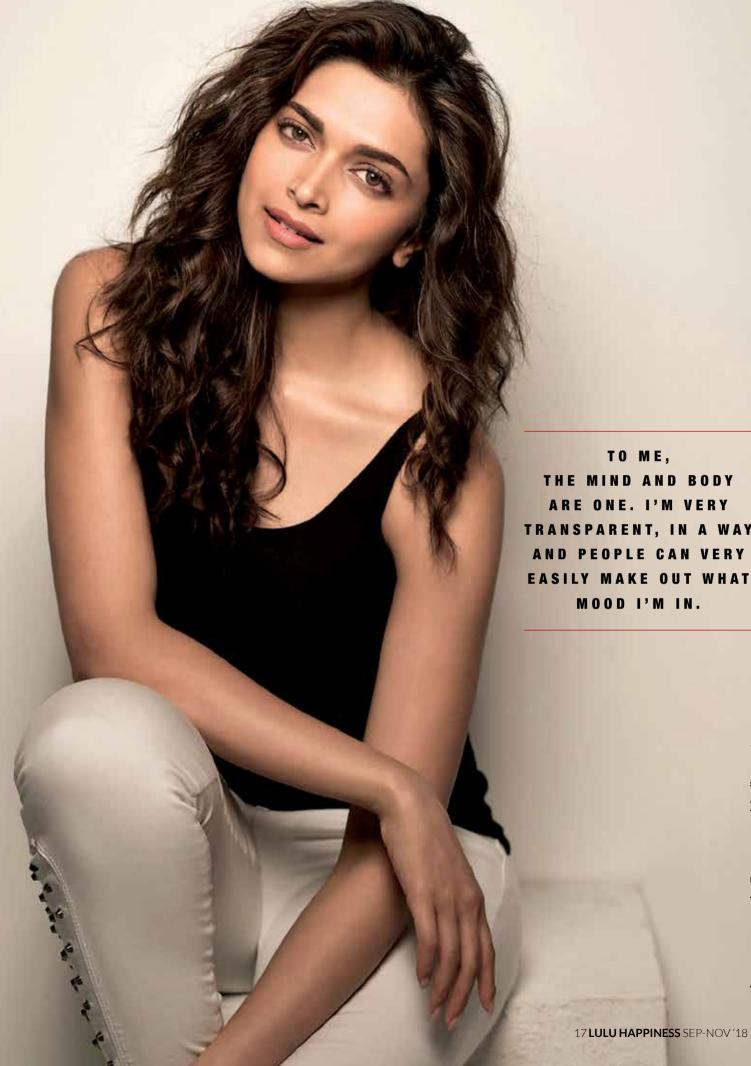
It is very important and the basis of everything! Whether it is being loved or giving love or simply loving what you do, love is what drives people. It is what unites people!

FAME:

It is a part of what I do but it is definitely not the "be all", anymore!

AD-FILMS:

I love working in advertisements and it reminds me of my modeling days. It is also very challenging as we have to emote or convey the required expressions in a very short period of time. I find that highly exciting!



TO ME, THE MIND AND BODY ARE ONE. I'M VERY TRANSPARENT, IN A WAY AND PEOPLE CAN VERY EASILY MAKE OUT WHAT MOOD I'M IN.

Lulu STAR

The word "Sefies" makes me think of all my fans. Everytime someone wants a picture, they ask me if they could take a selfie. The old style of taking out a camera and asking somebody else to take a picture is no longer in vogue. Everybody wants only selfies, nowadays. When I started out in movies, camera phones weren't around, but this is the way of life now. I have actually gotten used to the fan moments with selfies.

I have realised that taking stigma attached to it.

To all those who are battling

atleast try and of our lives!

AM FROM A SPORTS BACKGROUND,



Slim fit brushed checked shirt ₹ 1,599 Athletic skinny fit chinos ₹ 1,799

TRENDING IN Lulu

Indigo Shacket ₹ 1,999 Athletic skinny fit denim ₹2,199

> IDENTITI nothing else matters

Store located at Second Floor, Lulu Mall, Kochi

19 LULU HAPPINESS SEP-NOV '18

care of the mind is as important as taking care of our physical health. It has made me realise how fragile our mind is, how common mental health issues are and all the

depression, I would ask them to be patient! More importantly, express yourself and seek help and always believe that there is hope.

I think we should make it the motto

MAYBE BECAUSE I I DON'T GIVE UP EASILY. I AM A FIGHTER.

Image source: google, Courtesy: www.hdwallpapers.in

LuluSTAR It was his deep passion for films that led this young man to renowned film maker, Mani Ratnam's office. With just a college degree and no recommendations, they rejected his request instantly but he wasn't ready to quit just yet and fervently persisted. Soon they realised that this young chap was not giving up that easily and eventually, they agreed to take him in. He was so excited to be a part of the team that he zealously went about doing every single task assigned to him—irrespective of the nature of the job! *In the process, he got to watch and work with* his dream filmmaker at close quarters! Later, Jayaram happened to meet Mani Ratnam during one of his trips and he casually enquired about his son's apprenticeship. It was only then that the filmmaker realised that it was young Kalidas Jayaram who had been working at his office but he had never even once mentioned his dad. That is Kalidas Jayaram for you – a thorough gentleman, down-to-earth and charmingly unassuming! Lulu happiness has a candid chat Interview by RIYA SONNY DATSON with the handsome young star, who, after having Photography NAVNEETH BALACHANDERAN bagged national awards as a child artiste, is Styling THAT1TOO.COM currently stealing the hearts of the South Indian

audience just like his iconic father!

What are your earliest memories as an actor?

I still have a very clear memory of my very first shot. It feels as if it happened vesterday. The shoot was in Goa for 'Kochu Kochu Santhoshangal' with Sathyan Anthikad Sir. The boy who was supposed to do the role couldn't make it as he was unwell and it was KPAC Lalitha aunty who suggested my name. My father himself wasn't sure if I could perform. He asked me if I wanted to give it a try and I agreed. The first scene was with my dad - we were walking together and I saw his friend approaching us and I said, 'Dhe Jose Uncle....' and ran towards him. I got the shot right in the first take. But at that point, being a child I didn't give it much thought. I came back and sat next to my mum and someone approached me with a book. I didn't realise why I was given a book and I examined it carefully. That's when mum explained to me that it was an autograph book and that I had to sign it! Through the shoot, I realised that it's not all fun and games at a movie set and that you have to work really hard but I enjoyed it all the same. In fact, I couldn't stop thinking about it.

You discovered your passion for films as a child. While growing up, did you prepare yourself for the same?

Not really. After being a child artist in two movies, I couldn't shake my mind off Cinema. I would be thinking about it all the time. Though there were offers coming my way, my parents wanted me to focus on my studies. But I literally grew up watching performances, films being made and visiting movie sets. So it was very much a part of my life always! As I reached 10th standard, I tried my hand at mimicry. I started by imitating my teachers at first - for which I got into a lot of trouble (grins) and eventually once I got into college, I was very active in cultural activities and stage performances I always knew Cinema was my passion and the way ahead. There was a point

when I was overweight, so I worked hard to get in shape and in the process, lost 45kgs. That was probably the first step towards my career. Post the makeover, I accompanied my father to an awards night, where I was asked to mimic actors like Vijay and Ajith on stage. My mimicry performance went viral and that's how I bagged my first role in the Tamil industry! Interestingly, Appa also started his career as a mimicry artist.

How have your parents influenced your acting?

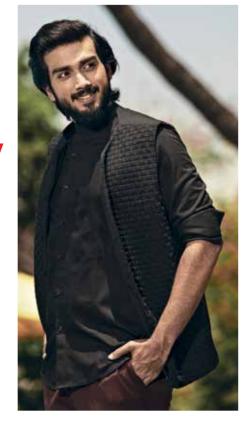
They don't advise me too much or give me acting tips but my family and friends are my biggest critics and I treasure their feedback. It is like a reality check for me and helps me to stay grounded. I think that is very important for every actor.

What was the one piece of advice your parents gave you?

They told me very clearly that if I chose films as my career, the maximum support they would provide would be to introduce me to a couple of people but post that, I would have to handle it myself. There was not even the slightest possibility of producing a movie to launch me. Mom also told me that I have to be ready to accept successes and failures as Cinema is unpredictable.

Talking about family, what are your fond memories of your home in Kerala and your pet elephant, Jayaram Kannan?

We used to visit Kerala mostly during Onam or Vishu when our families met to celebrate the festival. It was a grand fiesta and I have very fond memories of the time we cousins spent together, playing, watching movies, making the Pookalam for Onam and relishing the Sadhya prepared by mum. Kannan was like a family member, almost like a pet dog except that he was bigger. We all loved him dearly and like all animals, his love was very unconditional! If we



showed a little affection, he would return it to us multifold. We were very attached to him.

While being Superstar Jayaram's son is a blessing in terms of your career launch, is it also an added pressure?

Yes, the pressure is always there. But I also think of all the young actors who are struggling to get a chance and I remind myself of how blessed I am. So I don't let the criticism or pressure get to me as I know I have to move on.

Meen Kuzhambum Man Panaiyum... how was the experience acting with the top actors in the Tamil industry?

It is a dream for every actor to act with stalwarts like Kamal Sir, Prabhu Sir and Urvashi maam and for me, it was a dream come true. I got to watch them perform at close quarters and learn the nuances of acting, which was an amazing learning experience.

KALIDAS JAYARAM IN THREE WORDS:

PASSIONATE, PETROLHEAD, MOVIE BUFF!

Lulu STAR



Coming to Mollywood, what attracted you to 'Poomaram'?

My family has known Director Abrid Shine for a very long time. So when 'Action Hero Biju' released, I called to congratulate him for his work and the success of the movie. At that point he mentioned he was planning his next project and explained the crux of it in a single line and I was immediately convinced that I wanted to be a part of the project. The crew had mostly real students from Maharaja's College and the experience was just awesome. We were together for almost a year – so by the end of it, we felt more like a family. No matter how many movies I do in future, I know I will never get the kind of experience I got from doing Poomaram and would always cherish it.

is received well.
For an actor,
there are two
kinds of movies
to choose from –
commercial and
non-commercial.
The latter might
score higher in a
realistic or artistic perspective and to me,
both are equally important. I am glad I go
to be a part of this project at such an early
stage in my career. It was an immense

Poomaram was more like

a homecoming

in Mollywood but the movie

received mixed reviews. What are your learnings

from the movie?

You can never predict the

reaction of the audience and

can only hope that your movie

both are equally important. I am glad I got to be a part of this project at such an early stage in my career. It was an immense learning experience. The projects I am taking up next are purely commercial entertainers. I want to be a part of good movies that have a good message for the audience.

How has life changed after Poomaram?

I don't think there has been a dramatic change. I feel very blessed that the audience have wholeheartedly accepted me as a part of their own family. My father too holds the same kind of acceptance, which is something we treasure for it doesn't come easily to every actor. So hopefully, I will keep experimenting and continue to entertain my audience.

What is your fitness routine like?

I maintain a regular exercise routine but nothing very intense. I make it a point to spend about an hour everyday on workout.

What do you think is your biggest challenge as an actor?

Acting is my passion, I love my job! So I don't see anything as a challenge. I enjoy every moment and I would do everything in me to make the movie perfect.

You are in an era of strong trolling and social media influence, how do you perceive it?

It has its positives and negatives. It helped us when we released the song in Poomaram. In fact, it was social media that kept the movie alive even when there was a delay in the release. But yes, negative criticism can be tough sometimes and initially, it felt like a rude shock to read some of the comments but now, I don't take it to heart, I have learnt that we have to move with the tide.

What are your interests outside of movies? I love cars and am a huge auto enthusiast. Whenever I get the time, I enjoy reading automobile magazines.

We hear you are doing Alphonse Puthren's Tamil movie...

Yes, as of now there are two projects in the pipeline. One is a Malayalam project with Jeethu Joseph and the other is a Tamil project with Alphonse Puthren.

Who is your inspiration?

I draw inspiration from the positivity I see in people. Be it my family, colleagues, crew, friends or even juniors – I like to absorb positive things from people. Like for example, in the last 30 odd years, there has not been a single day when my dad has reached late to a movie set – that is something that I admire and try to do myself.

Favourite movies of your mom and dad:

From among my dad's movies – There are a lot of comedy movies but 'Shesham' and 'Nadan' are two of my favourites - would love to watch him do more such roles. From my mum's movies— Vadakku Nokkiyanthram.

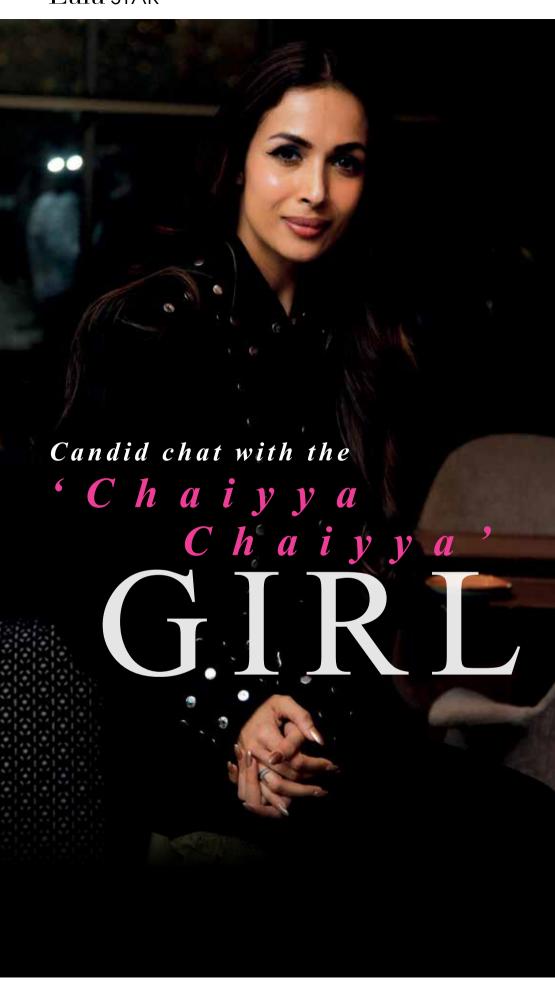
RAPID FIRE:

Kerala or Chennai: Both!
One of my Favourite Movies: Vadakku Nokkiyantram
Dream Holiday: Vegas
I can't resist: Biryani
I love: Cars and Movies
Biggest Critic: My sister!
My proud possession: BMW 5 series

Happiness is: Enjoying a good meal when you are really hungry!









We recently caught up with the ever SOLLS

the 'Chaiyya Chaiyya' & 'Munni Badnaam Hui'girl

- Malaika Arora and got her to answer a few of our quick questions...

Who would you want to take selfies with?

I would love to take a selfie with Obama and Madonna! These are two of my favourite people!

Who is your favourite South Indian star?

I love Prabhu Deva and have always loved him. He is somebody whose dancing skills I have always admired. It would be great to work in a song with him.

Being a fashion icon now, what are your fancy dress memories from your childhood?

I think our entire life is one big fancy dress competition! We get to dress up and wear a fancy dress, everyday!

What is your latest addiction?

Currently, I am addicted to Instagram!

How would you differentiate Yoga and Meditation?

They are quite interlinked. Yoga is also a form of meditation or rather a derivative of it. Meditation is something that brings together the mind, body and soul. There isn't much of a difference between the two. One has a lot to do with the mind while the other is more physical. Other than this obvious difference, they are pretty much the same.

When was the last time you had Pani Puri at a roadside shop?

I have it all the time. Being a Mumbai girl, if I don't eat Pani Puri, then I would be missing out majorly in life! Currently, as it is the monsoons, I will not eat them. Once the monsoons are over, I'll definitely go back to having them!



GADGET

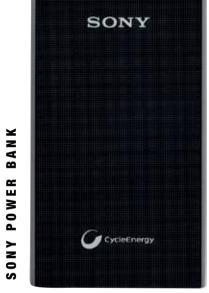
With its focus on top quality and best service, Fone 4 was established by Mr Sayyed Hamid, an entrepreneur with astute business acumen and foresight. Today, with more than 50 stores in Kerala and Karnataka, the brand is one of the south India's trusted digital hub. Fone 4 offers the latest collection of smartphones, tablets, laptops and accessories at unbeatable prices. Check out a selection of the latest at Fone 4 Luly Mall the latest at Fone 4, Lulu Mall.

SENNHEISER PC 360 OVER-EAR HEADPHONE WITH MIC









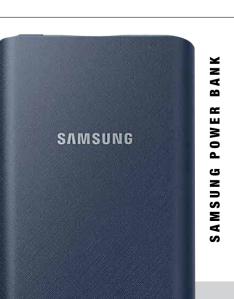


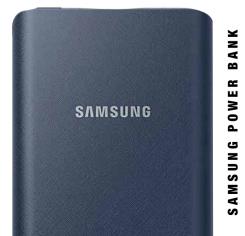


6 6 6











P R 0

F 9

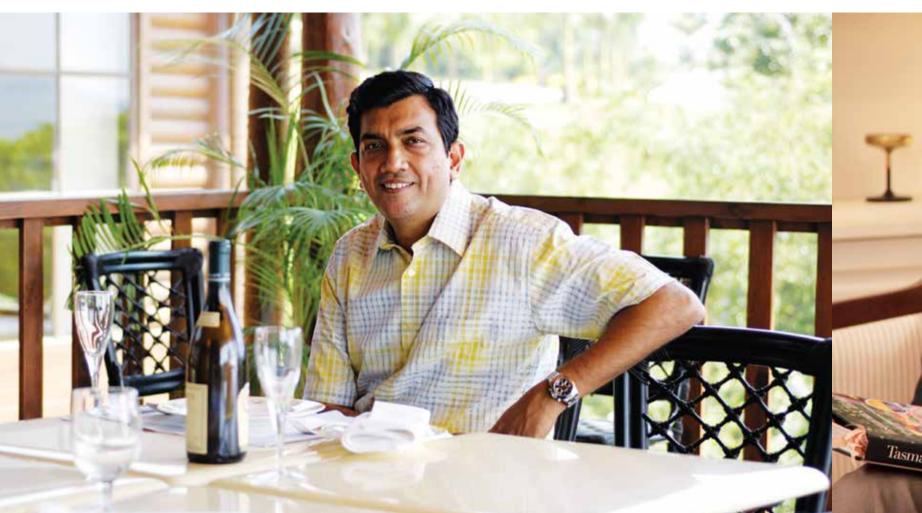
0 P P 0

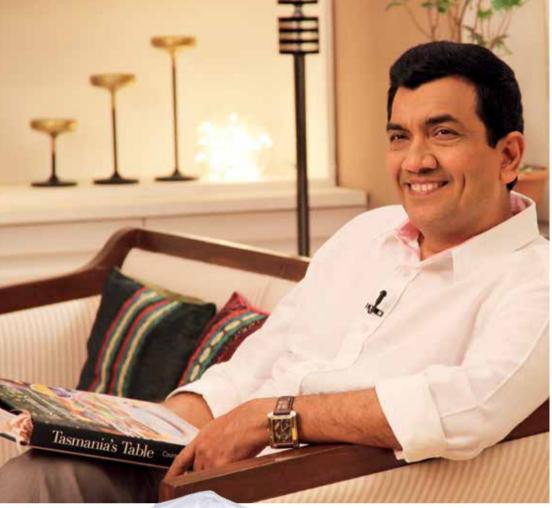


SAMSUNG WIRELESS









THE ONCE!

"If you have the discipline of a student, you can master anything but if you think you are a master, you will be a nobody" – that's the recipe followed by renowned Master Chef, Sanjeev Kapoor. To him, every day is a new beginning, an opportunity to learn something new! And that is one of the secrets behind his spectacular success. Be it his television shows like Khana Khazana, which was the longest running cookery show in Asia, his brand of kitchen accessories and appliances named Wonderchef, his best-selling cookbooks, his food and lifestyle channel, Food food or his restaurant chains across the world, each of them have stood the test of time and is a successful brand by itself! Lulu Happiness catches up with Padma Shri Sanjeev Kapoor, who was at Lulu Mall, Kochi, to promote his restaurant chain, The Yellow Chilli.

Text By RIYA SONNY DATSON

"I have always had the courage to stand up for myself even as a child and when you are fearless, the chances of being outstanding are much higher"

s we sit down to chat,
I am curious to know
why the restaurant is
called 'The Yellow
Chilli' and pat comes
the reply! "Because it is different.
You see, I always have to do things
with a hint of madness!" he smiles
confidently and continues, "My
need to be bold, to stand out and be
different reflects in our brand and
food as well. The yellow chilli is also
used in our kitchens except that green
and red are the ones that are more
common."

There is hardly any mention of Sanjeev Kapoor in the restaurant or the brand logo, so what sets The Yellow Chilli apart from other Indian restaurants? "We believe in being honest with our food. We compromise neither on the quality of food served here nor on the overall package, which includes everything right from fresh ingredients, great recipes, trained staff and efficient service to reasonable pricing. What is interesting is that Lulu as a brand also follows the same philosophy." And true to his word, the prices are very competitive.

The Master Chef recalls how as a child, everyone expected him to take up engineering as he was a good student. For the very same reason, he decided not to take it up as he didn't want to live by other's 'expectations'. He wasn't too fond of his biology teacher either, so medicine seemed out of the question. He had decided that he wanted to do something different - that was out of the ordinary. He hated being 'normal' or 'predictable'. Young Sanjeev loved food and enjoyed cooking, he remembers playing with the chapati dough, using a saucer to make perfect round chapatis, making an omelette for his dad and brewing tea for his parents. "I have always had the courage to stand up for myself even as a child and when you are fearless, the chances of being outstanding are much higher." So eventually, he decided to take up Hotel Management - at a time when professional hospitality management was at its nascent stage in India. His parents stood by his decision as he worked hard to master the craft and excel in his profession and the rest as you know, is history!

Today, as more people are opting to be Vegetarians or even being Vegan, I ask him about his culinary philosophy. "Food has to be honest. The source of the ingredients, its freshness and the way it is treated is our focus. Organic ingredients may not be easily available as it involves an entire chain and we are far from it at the moment. Given a choice between fresh and organic, I would opt for local and fresh ingredients. We are redefining Indian cuisine. I believe that many traditions have become irrelevant now and we need to change with today's day and age. Eighty years ago, households didn't

Lulu SPECIAL



salt and oil to preserve our dishes but today, it is not required. Some may say, it is not authentic but that doesn't bother me. I have a strong commitment to food and I don't make any compromises."

Sanjeev believes that each day is a new day and he has the irresistible need to learn and it's not just about cooking! He reminisces how he visited a Bohra Muslim community in Mumbai and was astonished to learn about how, volunteers from their community cooked one meal every day and delivered it to their community free of any charges. It was a custom declared by their late prophet, who wanted to ensure that quality food is served to all members of the community and it was also a way of liberating women from the shackles of the kitchen even if it was for a single meal. In Mumbai, the meals are cooked in a separate part of the mosque every day by a group of male volunteers. "That is a thought that drives me too... to empower women to be independent through cooking. Many years ago, after watching my shows, my father called me and said, 'You have no clue what you doing in this country, its path breaking – it is emancipation of women. You are giving women freedom, you are showing them the power of cooking and women in our country need this, make sure you continue this!' He passed away a week later. That set my mind thinking and I realised that Indian women go through silent oppression; most women are not allowed to flourish or chase their dreams. But there is an inherent power in them which they can tap from. I wanted to show women who are not allowed to step out of their homes or are not confident about other skills, that they can earn a living through cooking. It seemed logical to me and that's how I started to diversify into doing shows, writing cook books and passing on my recipes and it gives me immense satisfaction. In fact, it is on my agenda to hire home Chefs for my restaurant." On the bucket list? "When people begin to respect 'Indianess', it gives me a lot of satisfaction. Through my food and restaurants, I want people from across the world to respect Indian food. In my lifetime, if I can witness that, I would be very happy."



 $\mathbf{K}\mathbf{A}\mathbf{M}\mathbf{A}^{^{\mathsf{TM}}}$

43 EF

TRADITION AND BEAUTY

AWARD WINNING

Ayurvedic Solutions for

Lustrous Hair Smooth

We will soon be preparing for the seasonal changes that come with Autumn and Winter. If our Bodies, Minds and Souls are not in harmony with Nature's rhythms, the imbalance is bound to reflect in the quality of our skin and hair. Regardless of the Seasons, nothing uplifts the mood and boosts selfconfidence than clear, bright skin and thick, glossy hair.



Ground floor, Lulu Mall, Kochi.

Nimrah Anti Acne Face Pack

How to use:

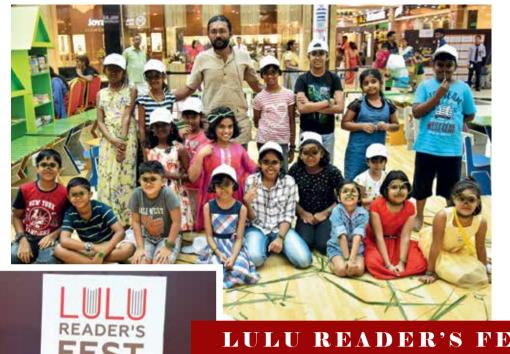
Nimrah may be used daily, in cases of severe acne. For mild-moderate acne, 2-3 times a week is sufficient. Blend an appropriate amount with Water or Buttermilk to make a paste. Allow to work on your face and neck for 10-15 minutes, or as is intuitively comfortable. Wash off with warm Water. Take care to avoid application on broken skin.

₹ 1,095/- for 40 gm



ARTA ₹3,190

Lulu HAPPENINGS



To celebrate books, Lulu Mall organized an exciting reader's fest from May 21 to 27. Along with an extensive display and sale of over 3000 books of different genres, a thoughtfully designed area for relaxed reading was created at the atrium of the mall.

Through the Lulu Reader's Fest, the mall got children to experience the wonder and joy of being surrounded by books. The lack of reading spaces for children in the city was a thought behind this event. It focused not just on reading, but also created an interactive space where authors, illustrators, story-tellers and artists from all over India came together to create fun workshops for kids. The artists included performance storyteller

> Priya Muthukumar of Storipur: nature enthusiast and eco-friendly toy maker

- Nowshid Parammal:

storyteller, writer and educationalist Deepa Kiran of Story Arts India; theatre practitioner and educator Prashant Nori of Dramebaaz; start up specialist & illustrator Pravin Shekar; performance story teller & puppeteer Usha Venkatraman and Harish Bhuvan of Compassionate Clowns.







Mother Nature's ways and her creations are often very inspiring -so much so that it arouses your creativity and the artist in you! But amidst our busy lives, we seldom get to spend some quality time with her and neither do we encourage our children to do so. In a time where playgrounds and open areas are fast disappearing, LuLu Mall, Kochi decided to set up a play area where kids got to have some fun with one of Mother Nature's toys! The little ones were encouraged to play in the mud, build sandcastles and have a good time without having to worry about getting dirty! A brighter, greener future starts within us, and our children.





décor and the prediction contest began on June 30th, in the mall atrium giving customers the opportunity to win jerseys and amazing products.

for customers. The mall was decked in football-themed

On June 30th and July 1st, a FIFA gaming event was held in the atrium of the mall in association with Sony Playstation and Immortal Gamers. The first prize winner of the solo games won a PS4 PRO. Attractive cash prizes were given to all the other winners. The event named as the IGFC World Cup edition 2018 was a great avenue for gamers to showcase their skills. The mall also brought international freestyle footballers all the way from Singapore who performed in the evenings from July 13-15.

36 **LULU HAPPINESS** SEP-NOV'18 37 **LULU HAPPINESS** SEP-NOV '18

RAMADAN CELEBRATION



The Holy month of Ramadan and Eid were celebrated with much grandeur at LuLu Mall this year. From amazing festive décor to the Iftar Fest, attractive offers and Mehndi contest, it was a month of happiness and joy!

LULU GRIHALAKSHMI SUPER CHEF:

The finale of the Lulu-Grihalakshmi Super Chef contest was held at LuLu Mall on Sunday 24th June. Out of over 150 entries from all across Kerala, 10 finalists were selected for the finale. Hajara Soopy won the first prize and Lisa Joji and Najiya Sheejish were the runners up.



ON STANDS NOW —

Lulu BEAUTY



adiant, deeply nourished and beautifully revitalised skin is every woman's dream. Sensitive skin demands a little extra care. Always check with your practitioner or skin as a scrub or a cleanup can also cause a flare up of acne,

doctor before you do any treatment. Sometimes as simple rash or irritation of skin.

KAYA OVERNIGHT PURIFYING LOTION ₹650 AJMAL BLU EAU DE PARFUM FOR MEN. 90ML ₹2,300 raced to Water Character kaya háir **BIPHA** AYURVEDA formula researched and leveloped by dermatelogist INDIAN ALOE & **NEEM FACE** Indian Aloe & Neem Face Mask MASK ₹750 DANDRUFF CONTROL Upto 100% Visibi KAYA WHITENING MOISTURIZER WITH SPF 15 ₹ 750 **HEALTH & GLOW** KAJAL INTENSE BLACK ₹149 health & glow LAKME ABSOLUTE LIP POUT CREME LIP COLOR PLUM RUSH 3GM ₹455 COLORBAR WATERPROOF SHADOW LIQUID EAU DE EYELINER PARFUM ₹350 75ML BY Bipha Avurveda AJMAL PERFUMES Natural Face Pack ₹2,300 shadow

BIPHA AYURVEDA

NATURAL FACE

PACK ₹650

THE BODY SHOP SKIN DEFENCE MULTI PROTECTION ESSENCE ₹2,295 THE BODY SHOP ALOE CALMING CLEANSER COLORBA ₹695 FILLING THE BODDY SHOP LIFTING LIFTING OUNDATION THE BODY SHOP ALOE CALMING CREAM CLEANSER FRAGRANCE-FREE, COLOURANT-FREE, PRESERVATIVE-FREE, ALCOHOL-FREE COLORBAR MELTED FACES DAILY 250 ml (8.4 US FL 0Z) DOSE MOISTURE CRYSTAL **LOTION** ₹2,745 24HRS **EYELINER** ₹750 AJMAL BIPHA CARBON AYURVEDA PERFUME **VETTIVER** ₹750 NAGARMOTHA BODY LOTION 100 ML ₹600 *** Daily Dose carbon AJMAL BIPHA AYURVEDA Walnut & Apricot Face Scrub WALNUT & APRICOT FACE SCRUB ₹650 FOREST **ESSENTIALS** FACES AYURVEDIC ULTIME SHEET MASKS PRO WATER

Dr Jamuna Pai, founder SkinLab and a popular name behind for many Bollywood and South Indian celebrities shares five tips on taking care of sensitive skin.

- As the name suggests, this skin type is acutely sensitive to many stimulants, be it the sun exposure, heat and even touch that is, even touching the face could lead it to turn red or to break out. This kind of highly sensitive skin is often associated with hormonal imbalances and is sometimes mistaken for rosacea another common skin problem. And it is also marked by a high degree of intolerance towards many skincare products.
- Those with sensitive skin need face washes that are both alcoholfree and fragrance-free as these tend to be a lot gentler on delicate skin. These are usually tagged as 'hypoallergenic' face washes.
- If you have sensitive skin or a skin condition, moisturising regularly can help reduce some of the irritation.
- I'm afraid it's a myth that scrubs can be used on sensitive skin. You may use it to exfoliate, but it may aggravate the problem.
- · Facials don't work for all skin types. Sometimes standalone cleanups work better for those with sensitive skin or skin prone to acne. It is best done under an anti-biotic cover to ensure the skin does not break out into acne after the treatment.

All products available at Lulu Mall, Kochi.

PROOF GEL

MASCARA

₹1,445

CELEBS SHOW THEIR



FOR LULU

■ SAMYUKTHA MENON

It's literally like my second home....I totally enjoy hanging out at Lulu - be it for movies, entertainment, shopping or just meeting up with friends.

APOORVA BOSE

I love Lulu. The fact that you get the best food in Paragon and shop at the same time makes it a great hangout spot. And of course the theatre is an added plus, for movie buffs.



■ LIYA SURAJ

I love and live in Lulu. It's my go to place in Kochi. Be it for shopping, groceries, eat outs, hang outs, movies. I am there atleast thrice a week. I wish some more international brands come in there like Zara, H&M etc. Kochi has the potential to play host to these brands and many more.

ISHA TALWAR >

I love the hypermarket at Lulu. I get all my spices that are freshly ground from there. It works wonders for my cooking.



ANN BENJAMIN

Lulu is the favourite destination for my entire pack... Lulu means Sparkys for my 6 year old son. Lulu means Hyper Market Shopping for my parents. For my husband Lulu means PVR...The fashion brands keep me close to Lulu. From the valet parking to Metro connectivity...So many reasons to love Lulu!



SAYANORA PHILIP

I love Lulu, because it's a one-stop-hub for all international brands.







In a very short span of time, this young actor has carved a niche for herself. Theevandi, her much awaited movie opposite Tovino Thomas hit screens recently and she has been receiving rave reviews for her performance.

Three of her movies are set for back to back release - Each of them unique and challenging in its own way and Samyuktha Menon can't wait to see her movies come alive on screen!

Interview: RIYA SONNY DATSON

TELL US ABOUT YOUR ROLE IN 'THEEVANDI' OPPOSITE TOVINO THOMAS.

'Theevandi' is a family entertainer that has romance, humour and family drama and is set in the backdrop of political satire. I play the role of a village damsel, whose father is a member of a political party. She falls in love with an unemployed young man (played by Tovino), who happens to be a chain smoker and hence the nickname 'theevandi'. We had an awesome time shooting for the movie and now the response we are getting is just overwhelming! I remember initially, I

Stealing the SHOW!

was apprehensive about breaking the ice with the team as Director Fellini, his core team and Tovino were already great friends. But it all fell into place easily and we had a great rapport throughout the shoot and that is what is seen on screen too.

HOW WAS THE EXPERIENCE WORKING WITH TOVINO THOMAS?

This was the first movie where I was acting with a top star. On my way to the location for the first shoot with Tovino, I wondered how he would be. But I was in for a surprise. He is very down to earth and treats everyone right from

his co-stars to the production boys with the same kind of respect and love. I felt extremely comfortable working with him

'LILLY' BY E4 ENTERTAINMENTS SEEMS LIKE A VERY CHALLENGING ROLE....

Yes, it was very challenging and I would say, this is as realistic as it gets. The film portrays the story of a pregnant woman who is protecting herself and her baby from her enemies. There is a certain amount of violence and bloodshed. 'Lilly' is the foundation of my career and is very special as it helped me to explore the nuances of film making and let me fall in love with Cinema! It is only because of my performance in Lilly that I got my break. The director and producer really prepared me for the role. I was involved in the pre-production for almost 3 months - watching movies, participating in workshops and interacting with the team. By the time we started shoot, I was so involved that I began to move around like a pregnant woman. I almost began to experience motherhood emotionally and after we wrapped up, it took me almost 2 months to get out of the skin of the character!

ARE YOU CONSCIOUS OF BEAUTY AND FITNESS?

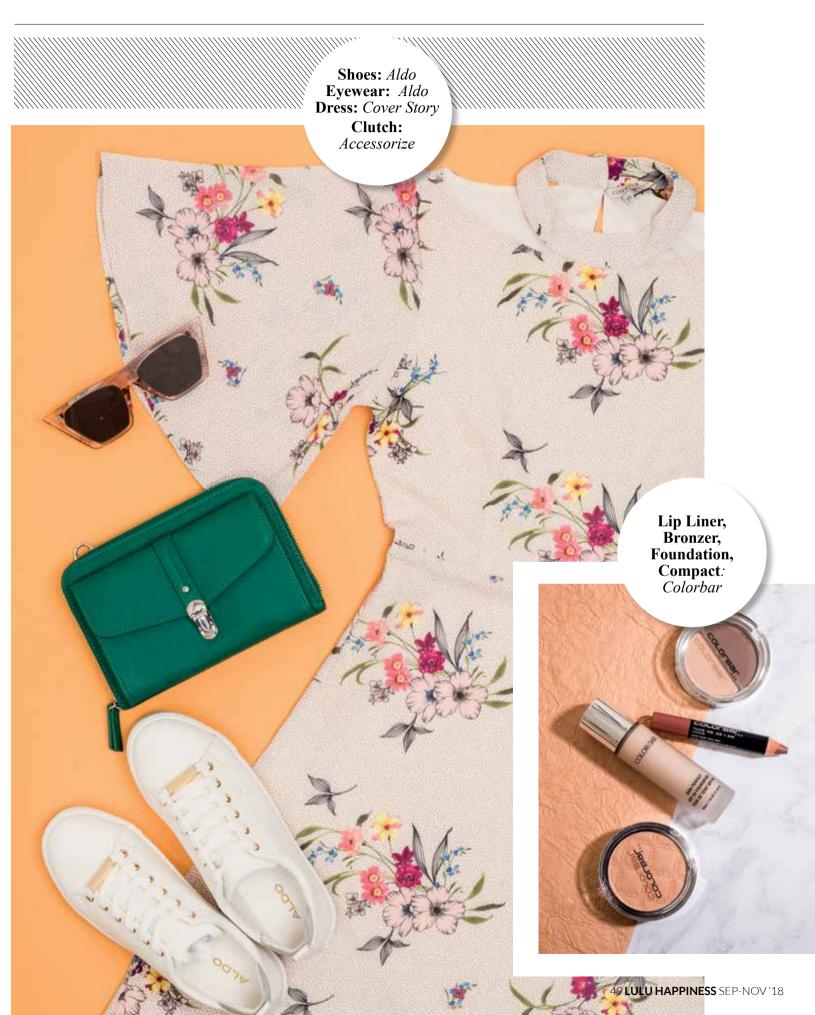
Yes, very conscious! I have come to realise that everything that tastes good can't be healthy – be it sugar, salt or spice! You need to have food that will help you stay healthy and fit! I stay away from sugar and fried items now.

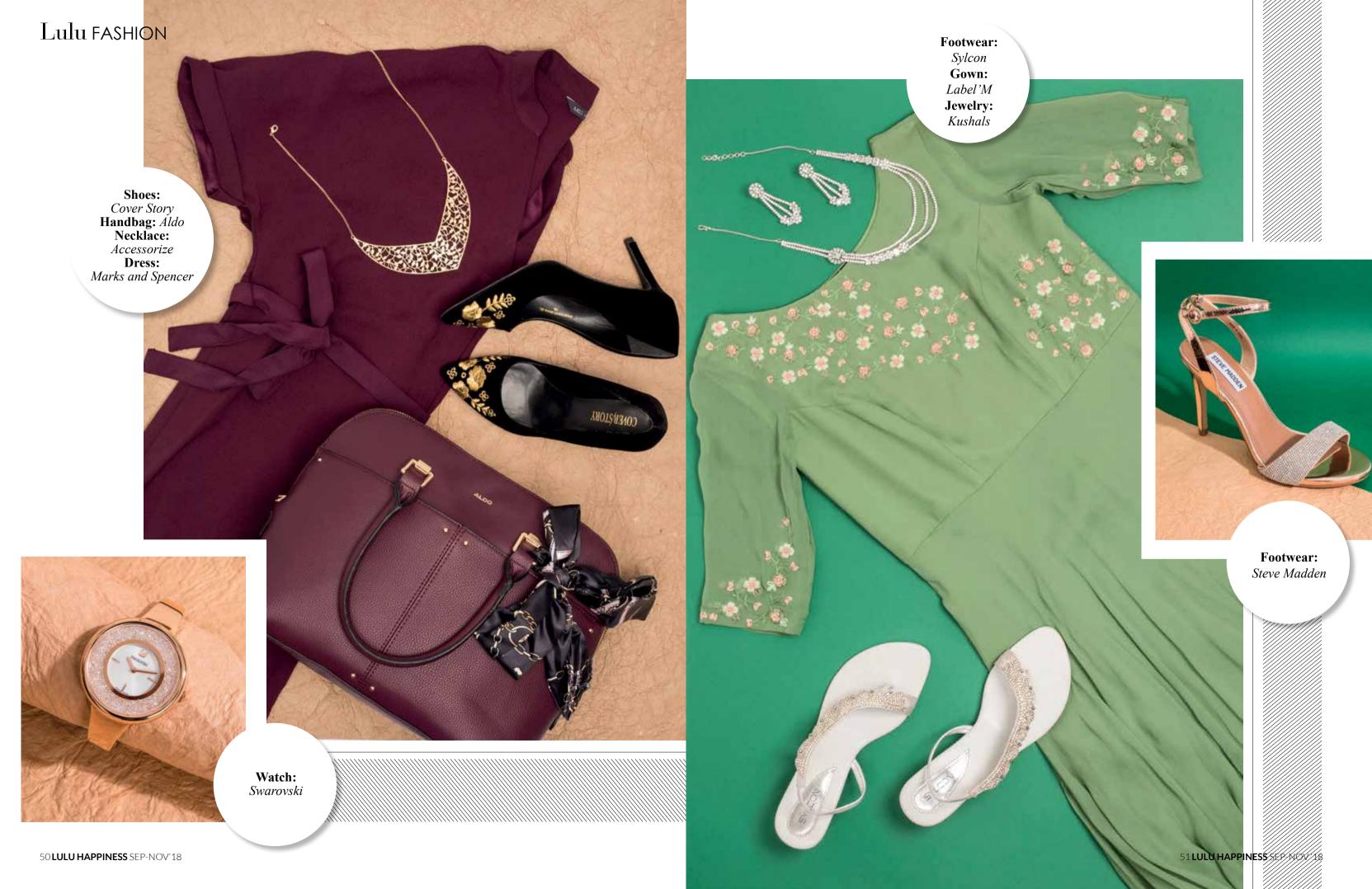
WHAT'S NEXT?

I have signed a movie with Dulquer Salman. I have some interesting offers and I am expecting to sign new projects very soon.











Lulu FASHION







FLAVOURS OF PUNJAB!

Text: Shruthi Gupta

aving lived in Kochi for the most part, I am quite familiar with the eateries and restaurants in the city that attract foodies from near and far. So every time a new diner pops up, I inevitably head down to the place and get a firsthand experience of the food and ambience it has to offer. Punjab Grill was calling so I was more than elated when I was invited to lunch there. The fact that I would have company, and that too of an actor, definitely made things more interesting. And we are talking about a young, charming actor who went on to host

"D for Dance", a dance reality show on television. By the way, did I mention that I am an anchor and host myself? Seemed like the perfect lunch company and I don't know if I was more excited about the rich Punjabi gastronomic adventure I was about to go on or about meeting Sreejith Vijay.

Though various joints in Cochin do offer Punjabi food, none of the "so-called" dhabas can offer you a fine dining experience, that's for sure! Then there is Punjab Grill, with its spacious, neat, ambient and warm-lit interiors, situated on the second floor of our very own Lulu Mall. As I walked in, I was greeted by the

warm, friendly staff who showed me to my table and I noticed the affluent and cozy seating. There were many families around, enjoying the rich flavours of Punjab but every table had its fair share of privacy. There was soft Bollywood music playing in the background.

Sreejith joined me and we exchanged pleasantries. As we chatted about his transformation from actor to anchor, and then a radio jockey in Dubai, he tells me that it was those "Dubai days" that actually brought out the cook in him! Apparently, his "Chicken Roast", was a huge hit in Dubai. He also divulges his love for Punjabi food, especially thick, creamy butter chicken and we hoped it was on the menu. And all that talk about food had definitely made us very, very hungry!

So when the chaat samplers arrived, we practically dug in! The Palak Patta Chaat stood out for its taste and of course the fact that it contained spinach! A healthy twist to Chaat, I say. The Bajra and Jowar puff and Malai Ke Dodhey Chaat didn't disappoint either. As we relished these, more starters began to arrive. Delicious veg kebabs topped with sweet curd, and soft slices of paneer tikka were most welcomed. The non veg starters were a meal by itself. For chicken

lovers, there's Murgh Malai Tikka and Murgh Tikka Punjab Grill (a signature dish of the restaurant), both equally appetizing. The latter is my personal favourite though-chunks of chicken is lightly roasted in Tandoor, after being steeped in a blend of cumin, cream, cheddar, cheese and garlic. Chaamp Tajdar or the mutton ribs, was visually enticing. But it was the Raunaqeen Seekhan Mutton that really surprised us, being so soft and well-cooked, contrary to most mutton delicacies. One by one, we savoured them, only little at a time, because the main course was on its way!

Be it the Lachha Parantha or Makhani Nan, the Dal Punjab Grill works with any bread. The Chef informed us that Paneer Lababdar was also one among their speciality dishes. It can also be prepared with chicken, upon request. And then, much to Sree's delight, the dish he had been craving for, Murgh Makhani, or the restaurant's take on butter chicken arrived, wafting aroma that made mouths water! The rich creamy texture of the gravy and the buttery lusciousness of the chicken put all the" so-called butter chicken" that I had tasted before to shame! Sreejith relished with content. It was then that the mocktails were brought in and the presentation invoked our curiosity. Staying





Lulu EATING OUT

true to its name, the Achaari Santra is a drink that actually contains pickle! Then there's the sweet and sour Meetha Patta, a blend of the traditional taste of betel leaves and Gulkhand that tingles your senses, which we both unanimously voted as the star of the day! By the time the Chutney Pulao Chicken rice arrived, we were simply full.

Eventually, desserts also arrived and contrary to expectations, neither the Anjeer Ki Phirni nor the Aamras Ki Rabri were too sweet. The former with its prime ingredient being fig was absolutely rich and creamy with a mild sweetness. The latter with its ripe mango flavor was simply sweet summer in a bowl! Big smiles lit up our faces and what better way to finish than with a signature pan shot which was appreciated not only for its taste but also for the fact that it would aid in the digestion of this gourmet festival.

During the course of the lunch, we learnt from Sam, the Restaurant Manager, that Punjab Grill is part of Lite Bite foods, a LBF commenced operations in the year 2002, with multiple branches in prominent cities of India, and also abroad in Washington DC, Sri Lanka etc. Authentic and generous Punjabi/Mughlai food is served here, royal style. I feel that the culinary experience here is definitely one to come back for. Sam had earlier revealed the secret to cooking tasty food is to 'simply cook with love'! Probably why moms are the best cooks in the world. And for the best North Indian fine dining experience, there's no beating Punjab Grill. The testimony lies in the fact that as Sreejith and I prepared to leave, we were already making plans to come back again and indulge!





BRAND NAME

FLOOR

BRAND NAME FLOOR **BRAND NAME FLOOR**

ANCHOR STORE

Lulu Hypermarket Ground

BANK

Doha Bank First Federal BankSecond



BEAUTY & WELLNESS

Nykaa	. Ground
Ajmal perfumes	.Ground
Forest Essentials	. Ground
Colorbar	Ground
The Body Shop	Ground
Kama Ayurveda	Ground
Kaya Skin Clinic	First
Aroma Thai	Second
Femine Glow	Second
Toni & Guy	Second
Health & Glow	Second
Spices India	Second
Oudh Al Arab	Second
Make up Studio	Second
Bipha Ayurveda	Second

BOOKS/GIFTS

William Penn	Ground
Archies	Second
Crossword	Second
DC Books	Second
Photo Express	Second

CAFE/RESTAURANT

Costa Coffee	Ground
Coldstone Creamery	Ground
Mc Donalds	Ground
Amul Ice Creams	First
Café Coffee Day	First
Calicut Paragon	F/S/T
Anjappar	Second
Bloomsbury's Cafe	Second
Punjab Grill	Second
Burger King	Third
Galitos	.Third
Galitos KFC	
KFC	Third Third
KFC Maharaja Bhog	.Third Third Third
KFC Maharaja Bhog Pizza Hut	.Third Third Third .Third

CINEMA

PVRSecond

DENIMS & CASUALS

Gas	Ground
Calvin Klein Jeans	
Lee	
Levis	First
LP Sport	First
Pepe	First
Spykar	
Wrangler	

DEPARTMENT STORE

Marks N Spencer	Ground
Westside	Ground
Lulu Fashion	First

ENTERTAINMENT

Amusement	Third
Rebound	Third
Rowling Alley	Third

Ice Skating Rink	1 nıra
Sparkys	Third
Video Games	Third
5D Cinama	Third

EYE WEAR

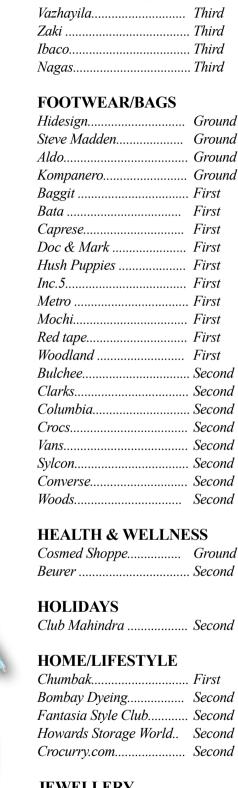
Sunglass Hut	Ground
Lens and Frames	First
Lens Magic	Second
Lenskart.com	Second

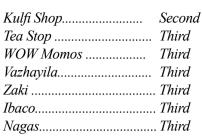
FASHION ACCESSORIES

TIME	~~~
Accessorize	Ground
Swarovski	Ground
Sia Art Jewellery	First
Rubans	Second
Addons Women	Second
Ethnik	.Second
Johns	Second
Kushals	Second

FOOD COURT

Baskin Robins	Third
BTH	Third
Chicking	Third
Domino's Pizza	Third
Doner Kabab	Third
Kailash Parbat	Third
Kobe Sizzlers	Third
Meriiboy Ice Cream	Third
Natural Ice cream	Third
Nila	Third
Noodle King	Third
Pulp Factory	.Third
Subway	Third
SFC plus	Third
	Con





FOOTWEAR/BAGS

Steve Madden	Groun
Aldo	Groun
Kompanero	Groun
Baggit	First
Bata	First
Caprese	First
Doc & Mark	First
Hush Puppies	
<i>Inc.</i> 5	First
Metro	First
<i>Mochi</i>	
Red tape	
Woodland	
Bulchee	
<i>Clarks</i>	
Columbia	
<i>Crocs</i>	
Vans	
Sylcon	
Converse	
Woods	Secon

HEALTH & WELLNESS

Cosmed Shoppe	Ground
Beurer	Second

Club Mahindra Second

HOME/LIFESTYLE

IIOI:IB; BII BOI I BB	
Chumbak	First
Bombay Dyeing	Second
Fantasia Style Club	Second
Howards Storage World	Second
Crocurry.com	Second

JEWELLERY

Josco	Ground
Joy Alukkas	Ground
Malabar Gold	Ground

KIDS WEAR

Allen Solly Junior	Secona
Benetton Kids	Second



Gini n Jony	Second
Mother Care	Second
The Chidren's Place	Second
Tommy Hilfiger Kids	Second
US Polo Kids	Second
Firstcry.com	Second

KIOSK

KIOSK	
Big Indian Art	Basemen
Idea	. Basemer
Planet Popcorn	Basemen
Lotus	Ground
Peora	
Konfo	.Ground
Liso	
Amshe	Ground
Ayesha	Ground
Floweringo	
Sangeetha Bag	
Go Colors	First
Skinn Titan	First
Top Grain	First
Flip Flop Hub	
Abhiman Craft	Second
Emmi	Second
<i>MacV</i>	. Second
Red Moments	Second
Johns	Second
House of Candy	Third
Belgian waffles	Third
Keventers	. Third

LINGERIE & INNER WEAR Jockey First

Zivame..... First

MEN'S FASHION Jack & Jones Ground Rare Rabbit..... Ground Wrogn..... Ground Sculler, Indigo Nation First Arrow..... First Allen Solly.....First Basics First Blackberrys Casuale..... First Celio First ColorPlusFirst Creyate..... First Indian Terrain..... First Louis Philippe First Manyavar First Mufti First Park Avenue..... First Peter England First Raymonds First Raymond MTM..... First V Dot..... First Zodiac..... First Van Heusen First Navigator..... Second





MOBILE/ELECTRONICS

Apple Imagine Store	First
Lulu Connect	Second
<i>Oppo</i>	Second
Samsung Mobile	Second
Fone 4	Second
True Tek	Second
Zahra Phones	Second

MONEY EXCHANGE

Lulu Forex	Ground
Thomas Cook	Ground

SPORTS WEAR

Adidas Home Court	Second
Adidas Orginals	Second
Asics	Second
Nike	Second
Рита	Second
Skechers	Second





TOYS

Hamleys	Second
---------	--------

TRAVEL/LUGGAGE

Samsonite	Ground
American Tourister	First
Safari	First
VIP Lounge	.First
Wildcraft	Second

UNISEX FASHION

Splash Ground
Tommy Hilfiger Ground
Nautica Ground
Aeropostale First
Being Human First
Flying Machine First
UCB First
US Polo First
Wills Lifestyle First
Fabindia First
Burgoyne Second
MCRSecond
All Second
IdentitiSecond

WATCHES

Fossil	.Ground
<i>Rado</i>	Ground
Swiss Watch Boutique	Ground
<i>Tissot</i>	Ground
Casio	First
Citizen	First
Fastrack	First
Seiko	First
<i>Timex</i>	First
Titan	First





WOMEN'S FASHION

And	Ground
Vero Moda	Ground
Cover Story	Ground
Forever New	Ground
Imara	.Ground
Lulu Celebrate	G/F/S
Aurelia	First
D.1	
<i>Biba</i>	. First
Anu Reshma Label M	
	First
Anu Reshma Label M	First First
Anu Reshma Label M Mantra	First First First
Anu Reshma Label M Mantra Soch	First First First First
Anu Reshma Label M Mantra Soch W	First First First First Second





For franchise, E-mail at:

info@skandaretail.co.in



Wardrobe | Kitchen | Bathroom | Laundry | Bedroom | Office | Living | Garage

Follow us:









